#### Play to Gain a New Perspective on Popular Toys

Presented by: Toni M. Schulken, MS, OTR/L \*\*\* www.pathwaysforlearning.com

	Challenges typically associated with diagnosis*:											
Common Pediatric Diagnoses:	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive			
Attention Deficit Disorder (ADD) <sup>1</sup>	X		X	X	X				X			
Apraxia <sup>2</sup>	X	X			X	X						
Autism <sup>3</sup>	X	X	X	X	X	X	X		X			
Cerebral Palsy <sup>4</sup>	X	X			X	X	X	X	X			
Developmental Delay <sup>5</sup>	X	X	X	X	X	X	X	X	X			
Down Syndrome <sup>6</sup>	X	X	X	X	X	X			X			
Hearing Impairments <sup>7</sup>			X		X	x						
Learning Disabilities <sup>8</sup>	X		X	X	X	X		X	X			
Muscular Dystrophy <sup>9</sup>	X	X			X	X		X	X			
Sensory Integration Disorder <sup>10</sup>	X	X	X	X	X	X	X	X	X			
Speech & Language Delay <sup>11</sup>			X		X	X			X			
Spina Bifida <sup>12</sup>	X	X	X	X	X	X	X	X	X			
Traumatic Brain Injury <sup>13</sup>	X	X	X	X	X	X	X	X	X			
Blindness/Visual Impairments <sup>14</sup>	X	X			X		X	X				

<sup>\*</sup>The diagnosis does not define the child, however these are common challenges associated with these diagnoses. Not all children with these diagnoses will have challenges in all of these areas, and some may present with additional challenges not included in the table.

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#### Universal Design for Play – Toy Examples

Toys:		Г	Γ	Skills addı	ressed thro	Γ	Able to be used in	Multiple ways to	Balanced Sensory	Children with diagnoses that may			
Toys.	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	many positions	play	Input	benefit:
Crayola Color Wonder Finger Paints	X		X		X		X	X	X	X	X	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Spina Bifida <sup>12</sup>
Twister		X	X	X	X	X	X	X	X	X	X	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup>

				Skills addı	ressed thro	ugh play		Able to be	Multiple	Balanced Sensory	(ADD)¹ - Autism³		
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Input	- Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup>
Marble Maze	х		x	x	- Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>								
Cootie	x		X	X	X	X	X	X	X	x	x	x	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>

				Skills addı	ressed thro	ugh play		Able to be	Multiple	Balanced	- Attention Deficit		
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Sensory Input	Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration
Bop-it Smash	x		x	x	x	Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>							
Perfection	x		X	X	X	X	X	X	X	X	X	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>

				Skills addı	ressed thro	ugh play				Able to be	Multiple	Balanced	- Attention Deficit Disorder (ADD) <sup>1</sup>
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Sensory Input	- Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup>
Remote Control Car	x	х	X	X	X		x	X	x	X	x	X	- Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>
Perplexus	х		x	X	x		x	x	x	X		X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Spina Bifida <sup>12</sup>
Find It Dinosaurs Game	х		х	X		х	x	X	x	X	х	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Learning Disabilities <sup>8</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Speech & Language Delay <sup>11</sup>

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				Skills add	ressed thro	ugh play		Able to be	Multiple	Balanced	- Attention Deficit Disorder (ADD) <sup>1</sup>		
	Fine Motor	Gross Motor	Focus & Attention	Memory	Memory     Social     Speech & Language     Tactile     Visual     Cognitive		Cognitive	used in many positions	ways to play	Sensory Input	- Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup>		
Kinetic Sand Castle Playset	x		x		X		x	x	X	X	x	x	- Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>
Seek-A-Boo		x	x	x	X	x	x	x	X	x	x	x	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup>

				Skills add	ressed thro	ough play		Able to be	Multiple	Balanced	- Attention Deficit		
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Sensory Input	Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration
Play-Doh Dr. Drill & Fill	X		X		X	X	X	X	X	X	x	X	Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>
Vtech Go! Go! Smart Animals Zoo Explorer Playset	x		X	X	X	X	X	X	X	X	X	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>

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				Skills add	ressed thro	ugh play				Able to be	Multiple	Balanced	- Attention Deficit
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Sensory Input	Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration
Melissa & Doug Band in a Box	x	X		X	X	X	X	X		X	x	X	Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>
RediSpace Notebook Paper & Composition Books by Pathways for Learning	x		X	X		X		X	X	X	X	X	- Attention Deficit Disorder (ADD) <sup>1</sup> - Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup> - Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>

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				Skills add	ressed thro		Able to be Multi		Balanced	- Attention Deficit Disorder (ADD) <sup>1</sup>			
	Fine Motor	Gross Motor	Focus & Attention	Memory	Social	Speech & Language	Tactile	Visual	Cognitive	used in many positions	ways to play	Sensory Input	- Autism <sup>3</sup> - Developmental Delay <sup>5</sup> - Sensory Integration Disorder <sup>10</sup>
Grotto Grip Pencil Grasp Trainer by Pathways for Learning	х			X			X	X	X	X		X	- Learning Disabilities <sup>8</sup> - Muscular Dystrophy <sup>9</sup> - Down Syndrome <sup>6</sup> - Traumatic Brain Injury <sup>13</sup> - Apraxia <sup>2</sup> - Cerebral Palsy <sup>4</sup> - Hearing Impairments <sup>7</sup> - Speech & Language Delay <sup>11</sup> - Spina Bifida <sup>12</sup> - Blindness/Visual Impairments <sup>14</sup>

#### **References:**

<sup>&</sup>lt;sup>1</sup>http://www.nimh.nih.gov/health/topics/attention-deficit-hyperactivity-disorder-adhd/index.shtml

 $<sup>{}^2</sup>http://www.nlm.nih.gov/medlineplus/ency/article/007472.htm \\$ 

<sup>&</sup>lt;sup>3</sup>http://www.ninds.nih.gov/disorders/Autism/detail\_Autism.htm

<sup>&</sup>lt;sup>4</sup>http://www.ninds.nih.gov/disorders/cerebral\_palsy/detail\_cerebral\_palsy. Htm

<sup>&</sup>lt;sup>5</sup>http://www.cdc.gov/ncbddd/developmentaldisabilities/facts.html

<sup>&</sup>lt;sup>6</sup>https://www.nichd.nih.gov/health/topics/down/conditioninfo/Pages/symptoms.aspx

<sup>&</sup>lt;sup>7</sup>http://www.cdc.gov/ncbddd/hearingloss/

 $<sup>^8</sup> https://www.nichd.nih.gov/health/topics/learning/conditioninfo/pages/s ymptoms.aspx$ 

<sup>&</sup>lt;sup>9</sup>http://www.ninds.nih.gov/disorders/MD/MD.htm

 $<sup>^{10}\</sup>mbox{http://www.spdfoundation.net/about-sensory-processing-disorder/#what}$ 

 $<sup>^{11}</sup>http://www.aafp.org/afp/2011/0515/p1183.html\\$ 

 $<sup>^{12}\</sup>mbox{http://www.ninds.nih.gov/DISORDERS/SPINA_BIFIDA/DETAIL_SPINA_BIFIDA.HTM}$ 

<sup>&</sup>lt;sup>13</sup>http://www.biausa.org/brain-injury-children.htm

<sup>14</sup>http://www.who.int/mediacentre/factsheets/fs282/en/